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# SHARE January 2012 Menu ~ Order Deadline: 01/18/12\*

### #1 Basic - \$30:

- 3 lbs. Chicken Breasts B/S re-sealable bag
- 1 lbs. Ground Beef 80/20
- 14 oz. Smoked Sausage Rope
- 1 lbs. Ground Turkey
- 2.25 lbs Pork Chops
- 1 bag Fresh Potatoes
- 1 bag Fresh Onions
- 1 lbs. Fresh Carrots
- 1 ea. Fresh Cauliflower
- 3 lbs. Fresh Apples
- 2 ea. Fresh Texas Grapefruit
- 5 ea. Fresh Kiwi

### #4 Lunch Box- \$25:

- 12 oz. 'Heart Smart' Deli Turkey
- 12 oz. 'Heart Smart' Deli Ham
- 1 lbs. "Farmland" Bologna
- 1 can Tuna Chunk Light
- 1 lbs. Sliced American Cheese
- 6 pack Apple Sauce
- 5 ea. Fresh Oranges
- 1 ea. Fresh Lettuce
- 1 bag Fresh Baby Peeled Carrots
- 10 pack Juice boxes

### #2 Veggie- \$20:

- 1 doz. Fresh Eggs
- 1 lbs. Fresh Baby Peeled Carrots
- 1 bag Fresh Potatoes
- 1 bag Fresh Onions
- 1 ea. Fresh Broccoli
- 2 ea. Fresh Italian Squash
- 2 ea. Fresh Bell
- 1 pkg. Fresh Mushrooms
- 5 ea. Fresh Apples
- 5 ea. Fresh Oranges
- 2 ea. Fresh Mangos
- 2 ea. Fresh Lemons

### #5 Premium Entrees-\$25:

- Grilled Chicken Breast Alfredo w/ Penne Pasta and Broccoli
- Lasagna w/ Meat Sauce
- Grilled Chicken w/ Penne and Tomato Basil Sauce
- Southern Fried Chicken Breast w/ Mashed Potatoes & Veggies
- Linguini w/ Sausage & Peppers
- Turkey Breast Medallions w/ Roasted Potatoes and Veggies
- Baked Ziti w/ Meat Sauce & Mozarella
- Ham Breakfast Skillet, Potato & Green and Red Peppers

### #3 Breakfast- \$22:

- 1 doz. Farm Fresh Eggs
- 8 oz. Shredded Cheddar Cheese
- 1 lbs. Ham Steak
- 1 lbs. Hickory Smoked Bacon
- 1 lbs. Breakfast Sausage
- 1 pkg. Simplot Hash Browns (20 ea. Sleeve)
- 1 box Pancake Mix
- 10 ea. Hot Cocoa Mix

### #6 Mega Meat - \$36:

- 3 lbs. Hamburger Patties
- 5 lbs. Chicken Drums
- 3 lbs. Country Style Pork Ribs
- 3 lbs. Turkey Burgers
- 1.5 lbs Tarantino Italian Sausage

### #7 Seafood Package- \$20:

- 2 lbs. EZ-Peel Shrimp,
- 2 lbs. Pollack , 1 lbs. Tilapia

### Choice Items\*

- **Beef Taquitos-16 pack: \$7**
  - **Chicken Nuggets- 2 lbs.: \$7**
  - **Chicken Breasts B/S- 3 lbs- \$7.50**
  - **Shrimp 31/40 EZ Peel- 2 lbs. \$12**
- \*MUST be purchased w/ a package

Join us for our Warehouse sale on **Tues., Dec. 20th** from **9am to 12pm** at the SHARE Warehouse! We will have many items on sale! For more info visit us online or call:

**www.goldensharefoods.com**  
**619-590-1692**

**\*SHARE "Will-Call" is: 01/27/12**

**\*January Distribution is:  
01/28/12**

Use this area for mailing in your order: Circle the package that you want and fill out your contact information below. Payment must be included.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Host Site Location: \_\_\_\_\_

Check or Money Order only



Golden SHARE Foods is located at: 1280 N. Johnson Ave., Suite 101, El Cajon, CA 92020  
Please note: Menu items are subject to change due to availability, we apologize for any inconvenience.  
Some Host Sites may have a \$1 to \$3 fuel surcharge. No Refunds