



WWW.GOLDENSHAREFOODS.COM

SHARE November 2011 Menu ~ Order Deadline: 11/09/11*

#1 Basic - \$30:

- 3-4 lbs. Whole Chicken
- 1 lbs. Ground Beef 80/20 lean
- 1 lbs Chicken Fajita Meat
- 1 lbs. Beef Fajita Meat
- 1 lbs. Ground Turkey
- 1 bag Fresh Potatoes
- 1 bag Fresh Onions
- 1 ea. Fresh Lettuce
- 1 ea. Broccoli
- 1 lbs. Fresh Carrots
- 3 lbs. Fresh Apples
- 5 ea. Tangerines & 5 ea Red Pears

#2 Veggie- \$20:

- 1 bag Fresh Shredded Cheddar
- 1 ea. Fresh Cauliflower
- 1 ea. Fresh Broccoli
- 1 ea. Fresh Celery Stalk
- 1 ea. Fresh Lettuce
- 1 bag Fresh Onions
- 2 ea. Fresh Bell Peppers
- 2 ea. Yellow or Italian Squash
- 5 ea. Fresh Tangerines
- 2 ea. Fresh Texas Grapefruits
- 3 lbs. Fresh Apples
- 2 ea. Fresh Lemons

#3 Breakfast- \$22:

- 1 doz. Farm Fresh Eggs
- 8 oz. Shredded Cheddar Cheese
- 1 lbs. Ham Steak
- 1 lbs. Hickory Smoked Bacon
- 1 lbs. Breakfast Sausage
- 1 pkg. Simplot Hash Browns (20 ea. Sleeve)
- 1 box Oatmeal
- 1 box Pancake Mix
- 1 box Hot Cocoa Mix

#4 Lunch Box- \$25:

- 12 oz. 'Heart Smart' Deli Turkey
- 12 oz. 'Heart Smart' Deli Ham
- 1 lbs. "Farmland" Bologna
- 1 can Tuna Chunk Light
- 1 lbs. Sliced American Cheese
- 4 pack Fruit Cups
- 3 lbs. Fresh Apples
- 1 ea. Fresh Lettuce
- 1 bag Fresh Baby Peeled Carrots
- 10 pack Juice boxes

#5 Steak Package- \$20:

- 3 lbs. USDA Choice Flat Iron Steaks

#6 Thanksgiving- \$45

- 14-16 lbs. Whole Turkey
- 1 pkg Stuffing Mix
- 1 bag Fresh Green Beans
- 1 ea. Pumpkin Pie
- 3 lbs. Fresh Sweet Potatoes
- 3 lbs. Fresh Potatoes
- 3 lbs. Fresh Red Delicious Apples
- 2 lbs Fresh Onions
- 1 lbs. Fresh Baby Peeled Carrots
- 1 ea. Fresh Celery Stalk
- 1 can Cream of Mushroom Soup
- 1 bag Salad Mix

#7 Seafood Package- \$20:

- 2 lbs. Salmon, 2 lbs. Pollack , 2 lbs. Tilapia

Choice Items*

- **Beef Taquitos**-16 pack: \$7
- **Chicken Nuggets**- 2 lbs.: \$7
- **Chicken Breasts B/S**- 3 lbs- \$7.50
- **Shrimp Breaded 21/25**- 3 lbs- \$10
- **Shrimp 31/40 EZ Peel**- 2 lbs. \$12

*Choice items must be purchased with one of the packages

Join us for our Warehouse sale on **Tues., Oct 25th** from **9am to 12pm** at the SHARE Warehouse! We will have many items on sale! For more info visit us online or call:

www.goldensharefoods.com
619-590-1692

***SHARE "Will-Call" is: 11/18/11**

***November Distribution is:
11/19/11**

Use this area for mailing in your order: Circle the package that you want and fill out your contact information below. Payment must be included.

Name: _____ Phone: _____

Address: _____ Host Site Location: _____

Check or Money Order only



Golden SHARE Foods is located at: 1280 N. Johnson Ave., Suite 101, El Cajon, CA 92020
Please note: Menu items are subject to change due to availability, we apologize for any inconvenience.
Some Host Sites may have a \$1 to \$3 fuel surcharge. No Refunds